



**2020 IN-STATE/LOCAL
CATALOG**

*EDUCATION BEYOND
THE CLASSROOM*

January 6-8, 2020

Winterim Information

Purpose and Goals

Winterim is designed to challenge students to expand their knowledge beyond present experiences and to encourage a love of learning. This is accomplished by a small group of students working closely with a faculty member in various non-traditional experiential courses. Winterim provides opportunities to fulfill the school's mission through exploration in academics, arts, outdoors, and athletics. Enrichment opportunities are also offered through cultural exchanges, community service, and internships. The goals of Winterim include:

- To expand the student's worldview and knowledge through exposure to new ideas, new cultures, and/or new skills.
- To deepen relationships among students and faculty by working together in small groups.
- To model a love of learning through faculty involvement with students.
- To eliminate the misconception that learning only occurs in a classroom environment and, thus, developing lifelong learners.
- To reinforce ideas or concepts taught in the classroom in a different environment.

Directions for Winterim 2020 Online Registration

Students may register any time after their grade sign-ups begin. Students who registered for a trip in May do NOT need to register again. Any student who fails to comply before registration closes will be placed in a course with open spots and receive three (3) hours of Saturday detention.

Signup dates/times

- Seniors may sign up beginning at 6:00 am on Tuesday, September 17.
- Juniors may sign up beginning at 6:00 am on Thursday, September 19
- Sophomores may sign up beginning at 6:00 am on Monday, September 23.
- Freshmen may sign up beginning at 6:00 am on Wednesday, September 25.
- Registration for all students closes at 10:00 pm on Friday, September 27.

Directions to online registration

1. Login to Veracross STUDENT portal.
2. Login using the **STUDENT** username and password.
3. Click the large green "Winterim Registration" link on the right side under "school links"
4. You will be asked to login again. Use the same STUDENT username and password from step 2.
5. Select "Launch signup".
6. The catalog for the trips with which you are eligible will appear. Select ONE trip. Then click "Continue" at the bottom of the page.
7. Click "Continue to Confirmation."
8. Click "Confirm Program Selection."
9. You will then be taken to the Fee Payment page. You must pay the required deposit amount to be officially enrolled in the trip. Follow the directions to make a payment.
10. Finally, go back to the login page and click the other green button that reads: "Winterim Backup Choices" Complete this survey. This is important for you to maintain control of your choice, in the event your first choice does not make.

What if the course you want is full?

Sign up on the waitlist for your first choice THEN register for another course.

Waitlist information

1. In the event a course you are interested in is full, you will see a “Waitlist” notice. You may only waitlist for **ONE** course.
2. If you would like to be placed on the waitlist, then select the course.
3. You must register for another course. Follow the directions above to register and pay the deposit, where applicable. Being on a waitlist is not considered registered for a course.
4. If you are moved into your waitlisted course, any money paid will transfer.

What if I sign up for a course that doesn't make?

It is extremely important that you complete the survey by clicking the button “Winterim 2nd/3rd choices”. There are times when a course does not have enough students sign up for the course to make. In those cases, we work to place you in a course of your choosing; however, you are responsible for communicating your choices. If you do not complete the survey, then you will be placed in a course with open spots.

Winter sport athletes

Athletes are expected to fulfill their obligations to the team when choosing a Winterim course. Any questions regarding preferences or restrictions should be directed to the coach.

- Boys Basketball: All boys' basketball players and managers (varsity/JV) will be required to sign up for the a LOCAL Winterim course.
- Girls Basketball: See information in courses offered for specific directions.
- Wrestling: See information in courses offered for specific directions.
- Swim Team: Members of the swim team may sign up for any course.

Rules and regulations

- **All students in grades 9-12 must participate in a Winterim course.** Any student who does not register for an out-of-state/country trip will register for a Winterim course in September.
- **The dates of Winterim are January 6-8, 2020. Winterim days are considered academic days in our school calendar.** The BA attendance policy applies during Winterim; this includes the policy for parent request and college visit days. Each unexcused absence from a Winterim program will result in an automatic Saturday detention.
- Once a student has been placed in a course, changes may not be made. Therefore, it is imperative that the student and parent discuss cost options for Winterim courses. Please do not register for a course if all course requirements, including costs, cannot be met.
- Individual Winterim courses will not be allowed; such courses do not meet the goal of small group interaction. All students should choose a Winterim course from the courses provided. A student choosing an alternative program will have to use his/her parent request days (limited to three days per year).
- Only students in grades 10-12 may travel out of state. Students in grade 9 should select a local or in-state course.
- No one may participate in a course in which he/she has participated in any previous year. The only exceptions to this are Service Learning Trips, Internships, and Choosing to Serve.

Contact Information

- Any questions regarding a specific Winterim course should be directed to the course sponsor listed.
- Questions regarding the program should be directed to the Winterim directors by email via winterim@brentwoodacademy.com.

Courses offered

Basic Rifle Marksmanship This Winterim will consist of three days of basic rifle marksmanship. It will be taught at the Charlie Haffner Memorial Range just south of Franklin, TN. It will cover firearms safety, introductory ballistics, principles of marksmanship, firing from sitting, kneeling, offhand and prone positions at different distances. The course will finish with a friendly competition and the awarding of the coveted BA Marksman Award. The student must have a rifle (any caliber), 100 rounds of ammunition, hearing and eye protection. This is open to both men and women, sophomore through seniors.

- Sponsor: **Col. Kent Bradford, Mr. David Norris**
- Number of participants: 5-15; grades 10-12
- Cost: \$105, due at registration

Boomerangs: The Art, Craft and Sport In this session, you will learn how to make, paint, and throw boomerangs from a former U.S. Boomerang Champion (1981). Along the way, we will cover a bit of the history of how returning boomerangs evolved from aboriginal throw sticks, as well as some of the physics of how returning boomerangs work. If all goes well, each participant will actually catch at least one boomerang that they make themselves. This class will involve power tools, paint, and highly specialized athletic skills; therefore, it's ideal for everyone! Boys and girls in grades 9-12 are welcome. Some basic woodworking skills and a good throwing arm would be helpful, but not necessary. There's a lot of room for creativity in how boomerangs are shaped and painted, so this session will appeal to both artists and athletes. Those of you who are both will really dig it! On the last day, we'll have a boomerang tournament (weather permitting) in which you will learn some of the specific events used in regional, national and international boomerang competitions.

- Sponsor: **Mr. Matt Nygren**
- Number of participants: 4-24; grades 9-12
- Cost: \$105, due at registration

Choosing to Serve Each of you has received a gift to use to serve others. —1 Peter 4:10

The goals of Choosing to Serve are to give opportunities for students to use their gifts in their community and to open doors for students to serve others in humility and love.

- Sponsor: **Mrs. Jane Winfield**
- Number of participants: 3-10; grades 9-12 GIRLS ONLY
- Cost: Free
- Students are responsible for their own transportation.

College Tour: Exploring Colleges in Middle Tennessee Some of our greatest colleges lie right in our own backyard, but often because of their close proximity to home, students overlook them. Our goal is to challenge students' current perceptions of Middle Tennessee schools while also encouraging them to explore what college characteristics are most appealing to them by visiting schools that differ in size, location, and academic offerings. Though plans are subject to change, we intend to visit a larger public institution, a medium size private university and a smaller, intentionally Christian school.

- Sponsors: **Ms. Shelley Miller, Ms. Courtney Jones**
- Number of participants: 2-12; grades 9-11
- Cost: \$40 due at registration

Creating with Power Tools Do you have an adventurous spirit? Do you like to attempt new skills? This class will give you an opportunity to say, "I did that!" and the confidence to say, "I can make that!" In this course, you will learn to safely use power drills, sanders, and miter saws. You will test these skills on a variety of sample crafts, but by the end, you will take one craft to take home. We will take time each day to explore the gifts God has given you for creating, and what it means to build a home. You will also hear firsthand from professionals in the fields of architectural design, construction, and interior design. You will leave this course with more confidence, new skills, and a greater vision for creative design.

- Sponsor: **Ms. Jenny Walsh**
- Number of participants: 3-10; GIRLS ONLY
- Cost: \$60
- Students are responsible for their own transportation.

Film Study: Great American Film This film study class seeks to incorporate and view five of the best ten American films of all time using The American Film Institute's Choices. The criteria for inclusion was historical significance, critical recognition and awards, and popularity determined by box-office revenue, syndication, video sale and rental figures. Students will learn the history of each film's debut, brief lessons in their respective directors, and innovative film techniques as they watch and interact with the following iconic films: *Gone With the Wind*, *On the Waterfront*, *Singin' in the Rain*, *Casablanca*, and *The Wizard of Oz*.

- Sponsor: **Mrs. Cameron Phillips, Mrs. Casey Karmona**
- Number of participants: 5-20, grades 9-12
- Cost: Free

Film Study: HIStory of Civil Rights: A “Reel” Perspective Spend three days watching and discussing films regarding civil rights through a gospel lens. We’ll be in Franklin, TN on a beautiful ranch with a home theatre available to us. In between films, we will engage in games and activities for enjoyment and get to know each other even better. On our final day, we will have lunch at the famous restaurant, Woolworth on 5th, located in downtown Nashville. Woolworths was integral in the civil rights era and serves as a great reminder of progress in our country. Prepare to have fun, participate in discussion, and view race through an eternal perspective.

- Sponsors: **Dr. Rene Rochester** and **Mr. Austin Groves**
- Number of participants: 10-20; grades 9-12
- Cost: \$25, due at registration (and bring money for lunch)

Film Study: The Magic Flute Over the course of three days we will watch, listen to, and discuss Mozart’s sublime opera *The Magic Flute*. In this opera Mozart explores, among other things, two kinds of Love that are redeemed in the eyes of God and, accordingly, have a place in God’s Kingdom. We will spend four hours each day (with a short break for lunch) watching and discussing scenes from two different versions of the opera.

- Sponsor: **Mr. Barry Robbins**
- Number of participants: 2-20, grades 9-12
- Cost: Free

Finding Your Inner Chef Spend three wonderful mornings at the Salud! Cooking School at Green Hills working closely with an instructor and using the finest professional appliances, cookware and cutlery. You and a small group of classmates will learn cooking techniques by actually preparing the menu items and then having a delicious lunch from the meal you prepared. A few of the menu options include make your own pasta, south of the border style and introduction to Thai cooking. The possibilities are limitless, so don’t miss out on the fun!

- Sponsors: **Mrs. Amy Clarke, Mrs. Carolyn Dobbins**
- Number of participants: 8-12, grades 9-12
- Cost: \$225, due at registration
- Students are responsible for their own transportation each day.

Food: It’s not as simple as it seems With a Whole Foods or Publix on seemingly every major intersection, it can be easy to forget that access to fresh, healthy food is not a given in every community. In this course, students will learn about factors that make buying food and eating healthy meals complicated in our greater community and around our country. Students will consider “food deserts” in Nashville and will volunteer with the Nashville Food Project to learn how nonprofit organizations are helping communities with limited access to fresh produce and affordable food. We will consider local and national public policies that affect people’s ability to buy healthy food. By visiting and dining at the Old School Farm, we will see an example of a private business partnering with the surrounding community for the benefit of neighbors and local farms. As we learn about issues of health and economics and the challenges that surround access to fresh food, we will enjoy meals together at restaurants that source ingredients locally and seasonally.

- Sponsor: **Mr. Jeff Bryant, Mr. Grant Lehman**
- Number of participants: 3-12
- Cost: The course has no fee, but participants should plan to spend about \$50 for their own meals.
- Cost: Free

Graphic Design: Print Nashville Have you ever wanted to design and create a t-shirt? Have you ever wondered how concert posters are made? Print Nashville 2019 is the Winterim for you!!! This Winterim will provide each participant hands on experience in three different types of printmaking both on campus and in surrounding Nashville studios. Students will create original art using the printmaking techniques of screen printing, letterpress and gelatin printing. The students will leave this course with a portfolio of prints, an understanding and appreciation for 3 different forms of printmaking and a lifetime of memories from creating art with friends both on campus and in professional studios in the surrounding area.

We will spend one day visiting Hatch Show Prints in the Music City center downtown. Hatch Show Print is one of America's oldest letterpress shops, in business since 1879. It has created original art for Elvis Presley, Grand Ole Opry stars and contemporary artists like The Black Keys. We will view printmaking in action, take the official tour and participate in a hands-on activity designing and creating our own letterpress poster. We will spend another day in the studios of Hip Hues. Hip Hues is a Nashville-based screen-printing company that promotes the art of screen printing with an interactive, hands-on approach. Each student will create an original design and see it through the process of burning the image to create a screen, inking and printing that screen image onto a piece of canvas. We will also be printing a Winterim t-shirt to take home as a keepsake. The third style of printmaking is known as gelli printing and it is fast and fun. Each student will have a gelatin plate to use in creating layered images in ink and learning about positive and negative space and how it relates to printmaking. Gelatin prints can be used for stationary and stand- alone artwork.

- Sponsor: **Mrs. Janet Laws, Dr. Molly Martin**
- Number of participants: 6-15; grades 9-12
- Cost: \$130, due at registration
- Students will carpool to the studios.

Great Diplomacy Marathon This event is for those who enjoy history, surviving by their wits, and playing a game where there are no elements left to chance. (Imagine Risk with no dice.) Each player represents a great European power prior to World War I, a time when the continent was a complex cauldron of political stratagems and maneuvers. Your armies and fleets can dominate Europe, but only with the cooperation of your neighbors. Never forget, they are all trying to expand their territory too, and you could be the target!

- Sponsor: **Mr. Paul Battaglia, Mrs. Dixie Christian**
- Number of participants: 7-35, grades 9-12
- Cost: \$30, due at registration

Internships Internships will provide an opportunity for juniors and seniors to arrange a three-day program working with a professional in Brentwood, Nashville, or Franklin. This program offers students an opportunity to join the work force for a few days in an attempt to learn more about potential careers. In the past internships have included (but are not limited to): advertising firms, law offices, architectural firms, banks, physicians, radio stations, American Express, Cumberland Heights, Daystar Ministries, the Governor's office, Juvenile Court of Davidson County, Paine Webber, The Tennessean, TV stations, Vanderbilt Sports Medicine and Nissan Corporation. Students may not intern at Brentwood Academy, nor may they intern at the same place two years in a row. Students may not work for or with their parents. Nor may they work in a private residence. Participants are responsible for their own transportation and lunch costs. **Juniors and Seniors must make all necessary arrangements with the sponsoring host by October 16.**

- Sponsor: **Ms. Barbara Stewart**
- Number of participants: 1-15; grades 11-12
- Cost: Free
- All internships must take place in Williamson or Davidson County.
- Students are responsible for their own transportation each day.

Jump, Jive, and Swing Have you ever watched a couple out on the floor dancing together and wished that you knew how to dance like that? Well, here is your chance! This Winterim will offer an introduction to swing dancing. No previous experience is needed because we will start from the basics and build from there. Men, this Winterim should be especially appealing to you because every lady likes to dance, and this is your chance to learn how to impress the ladies. Individual dance lessons typically cost \$65/hour, but during this Winterim you will receive instruction for free.

- Sponsor: **Mr. Troy Putney**
- Number of participants: 2-20, grades 9-12
- Cost: Free
- An even number of boys and girls is required.

Life Lessons: The Meaning of Life We will study Ecclesiastes and explore the purpose of our existence over coffee and/or breakfast. Then we will reflect on what we have studied while hiking local trails around Nashville. We will discuss our struggles while enjoying God's beautiful creation. This will be an unforgettable time of reflection and direction.

- Sponsor: **Mr. Lyle Husband**
- Number of participants: 4-10; grades 9-12
- Cost: Free; students will need money for breakfast/lunch

Life Lessons: Uniquely Created - Exploring the Enneagram, Myers-Briggs Type Indicator, and Strengths

Finder in order to better understand ourselves and others In this course we will explore 3 personality typologies—the Myers-Briggs Type Indicator, the Enneagram, and StrengthsFinder. Students will have the chance to take in-depth assessments to discover their own types within each framework, and then we will learn from trained teachers about the specific characteristics and tendencies for each of the types. Students will come to a deeper understanding of themselves and how God created them to be special and unique. Learned self-awareness of personality type combined with a greater appreciation of the other types will help students discover how they naturally relate to the world and how others relate to them. They will be able to navigate personal and professional relationships with greater understanding and efficacy, and this can reduce conflict, build stronger relational bonds, and give an edge in future life decisions and direction.

- Sponsor: **Mrs. Jamie Raab, Mrs. Tessa Tiner**
- Number of participants: 10-25; grades 9-12
- Cost: \$155, due at registration
- Students are responsible for their own transportation each day.

Nashville: The Best of Nashville Spend three days seeing all the best sites (and eating at some of the classic restaurants) of Nashville. Highlights include: Touring history at Andrew Jackson’s Hermitage, the Ryman Auditorium, the Country Music Hall of Fame, the State Capitol, the Governor’s Residence, the Parthenon, and the Belle Meade Plantation; eating at places like “Loveless Café”, “DeSano Pizza” and “Edley’s BBQ”; helping to break out of a room at “The Escape Game”; engaging in laser tag at the privately rented “Laser Quest”; and taking a complete behind the scenes tour of Nissan Stadium, including the Titan’s locker room, press boxes...the works!

- Sponsor: **Mr. Tom Cox, Mrs. Wendy Chapman**
- Number of participants: 15-24; grades 9-12
- Cost: \$175, due at registration

Pottery, Knitting & Woodcraft This Winterim option allows students to tap into their creative sides through three distinctly different craft projects to be completed at studios in Franklin, TN. We will spend one session at Third Coast Clay in The Factory where students will learn how to paint and glaze pieces they select. We will then spend two days at AR Studios. One of those days will be spent learning to knit on a very large scale with chunky yarn. The result will be a plush 40' x 50' blanket by the end of the session. The second day at AR will allow participants to select from one of many woodworking projects (plank wood signs, framed wooden signs, trays, and even a lazy susan). The instructors will not only teach the participants how to build but also many staining and painting techniques as well.

Students are responsible for getting to and from the studios each day. We will try and schedule the classes to begin at 10:00 AM and conclude by 2:00 PM.

- Sponsor: **Ms. Lindsay Fowlkes**
- Number of participants: 12-14; grades 9-12
- Cost: \$225, due at registration
- Students are responsible for their own transportation each day.

RAD: Rape Aggression Defense This 12-hour basic self-defense course will be instructed by Brentwood police officers and held on campus in the Dalton Gym in the Athletic Fitness Center. The mission of the R.A.D. Systems is to establish an accessible, constantly improving and internationally respected alliance of dedicated instructors. These instructors in turn will provide educational opportunities for women, children, men, and seniors to create a safer future for themselves. In doing this, we challenge society to evolve into an existence where violence is not an acceptable part of daily life. Participants must be 13 years old.

- Sponsors: **Mrs. Kerry Bauchiero, Ms. Cookie Newton**
- Number of participants: 10-20 GIRLS ONLY; grades 9-12
- Cost: \$40, due at registration

Sport Psychology This course will help students to expand their skills and knowledge in the study of Sport Psychology. Coach Wilhoit has a Masters in Sport Psychology from the University of Tennessee and will also share his experiences using the mental game as a kicker from 2003-2006. We will also be bringing in Coach Wilhoit's mentor at Tennessee, Dr. Craig Wrisberg, to speak with the students on the field of Sport Psychology. Dr. Wrisberg is a Professor Emeritus of Sport Psychology and Motor Behavior at the University of Tennessee, Knoxville, and past President of both the North American Society for the Psychology of Sport and Physical Activity (NASPSPA) and the Association for Applied Sport Psychology (AASP). Students will also participate in activities to test the skills they have learned and to see how students react under pressure. We will also go to a new golf simulator called Topgolf Nashville and Kings Bowl. Topgolf Nashville will allow students to practice their skills on varying courses with different levels of difficulty and Kings Bowl will allow another avenue for students to test their mental game in a different activity. Transportation will be provided but lunch will NOT be provided. You may bring a snack or eat at Topgolf & Kings Bowl.

- Sponsor: **Mr. James Wilhoit, Mr. Randy O'Bryan**
- Number of participants: 6-10, grades 9-12
- Cost: \$60, due at registration

Yoga We will move and breathe, stretch and strengthen, and worship the Lord. Daily activities include:

- Review the history of yoga
 - Learn standing, seated, and restorative postures with precise technical cues
 - Learn Sun A and Sun B
 - Practice vinyasa flow, restorative, and maybe some power ashtanga
 - Practice breath work
 - Worship the Father, the Son, and the Holy Spirit through meditating on scripture, journaling, prayer, and music
- Sponsor: **Ms. Amanda Butler**
 - Number of participants: 4-10; grades 10, 11, 12 girls only
 - Cost: \$105, due at registration
 - Students are responsible for their own transportation each day.

Winter Team Sports

Girls Basketball The varsity girls basketball team is traveling to Tampa, FL to enjoy time away together as a team. This experience will be a great opportunity for the girls to make connections off the court and decompress from a busy sports season. The trip will include relaxing on the beach, enjoying roller coasters at Busch Gardens and watching some great basketball.

- Sponsor: **Mrs. Rhonda Brown** and **Mrs. Alyssa Hall**
- Participants: Members of the varsity girls' basketball team only; grades 9-12
- Total Cost: \$500, will pay coach directly. There is no cost to registration.
- Duration of the trip: January 4-7
- Registration will be made online but payments will be delivered directly to the coach.

Wrestling The wrestling team will depart BA on 12/26/19 for Gainesville, FL where we will compete in the Category 5 Dual Tournament at Gainesville High School on 12/27-28. We will spend the night in Gainesville, FL the nights of 12/26-27. After the tournament on 12/28, we will travel to the Walt Disney World Resort in Orlando, FL for 3 full days of team building at the parks (hotel details to follow). The team will enjoy premium park hopper tickets that entitle each person to access all Disney parks during the stay. We will have full access to the Disney transportation system allowing us to freely travel from park to park. Each person will have the option to purchase a meal plan and receive credit for quick service meal options for breakfast, lunch, and dinner (per day). Total cost for this option is \$160 (not included in the Winterim expense).

- Sponsor: **Mr. Scott Wells**
- Wrestlers will workout daily with the coaches and/or chaperones.
- We will depart Orlando, FL and return to BA on 1/1/20 in the evening.
- Total cost per wrestler: \$1000 (\$600 due upon registration and the remaining \$400 due no later than 11/12/19)
- Registration will be made online but payments will be delivered directly to the coach.

